



ZANT NEWS

A Publication of Zoroastrian Association of North Texas



www.zant.org

February 2012

ZANT EVENTS

- ◇ 02/12/12: Children/Teen Religious class
- ◇ 02/12//12: Vahu Manah Group
- ◇ 02/5, 12, 19, 26 and 03/04, 11, 18, 2012: Nourooz Practice
- ◇ 02/26/12: ZANT Ladies Club
- ◇ 02/26/12: Woodworking class
- ◇ 03/03/12: ZLC Breakfast
- ◇ 03/11, 12/12: ZANT Youth lock-in
- ◇ 03/11/12: Children/Teen Religious class

ZOROASTRIAN CALENDAR

- 2/10-2/14: Paitishahem Gh [S]
- 3/12-3/16: Ayathrem Gh [K]
- 3/16-3/20: Panjeh Gh [F]
- 3/21: NouRoos [F]

- ◇ 03/11/12: Vahu Manah Group
- ◇ 03/17, 18/12: Gahanbar Panjeh
- ◇ 03/21/12: Nourooz Visitation
- ◇ 03/24/12: Nourooz Function

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MESSAGE FROM THE ZANT BOARD

It has been nine months since the opening of our ZANT Center on May 7, 2011. Since then in addition to the regular religious/cultural/social events, ZANT has hosted many additional events such as Vohu Manah Group, family fun night, ZANT Ladies Club events, Youth July Camp, and Joint Youth Lock-in with Houston. On October 23, 2011 the general body approved the ZANT Operating Policies and Guidelines which further facilitated the use of our center.

As the community demand in using our center increases, so does the need for improvising our organization, management, and more importantly our communications system within ZANT. This is truly a turning point for ZANT.

With the upcoming board of directors election in May 2012, ZANT more than ever needs volunteers with organizational and management skills who can build a solid framework for effective communication within our association.

The key to the future of our association is the flow of knowledge into our community, its application, and paving the road for innovative and creative ideas. This is not possible without involvement of our youth, the lessons we can learn from the senior members of our community, an effective communication system, and open dialogue.

“Hama Zoor Beem, Hama Ashu Beem”

BOARD OF DIRECTORS

<i>President</i>	Zal Parakh
<i>Vice President</i>	Saghar Behroozi
<i>Treasurer</i>	Pearl P. Balsara
<i>Secretary</i>	Khurshid Jamadar
<i>Social Director</i>	Delnaaz Irani
<i>Director</i>	Afsaneh Samiya
<i>Director</i>	Boman Godiwalla

Mailing Address:

P.O. Box 271117
Flower Mound, TX 75027-1117

ZANT Center:

1605 Lopo Road
Flower Mound, TX 75028-1306

We welcome and encourage feedback from our community. Please send comments or suggestions to The Communication Representative or mail to ZANT, P.O. Box 271117, Flower Mound, TX 75027

UPCOMING EVENTS

CHILDREN AND TEEN RELIGIOUS CLASS

When: Sunday, February 12, 2012

Time: 11:15 am

Where: ZANT Center

1605 Lopo Road

Flower Mound, TX 7502

Children, please remember to bring your folders and caps/scarves to each religious class. We will begin each religious class with prayers in the Prayer Room at 11:15. Please come by 11:00 am so you can sign-in your kids' names on a sheet that will be there, for *Tan Dorosti* prayers.

For further details, please contact *Pearl P. Balsara*.

VOHU MANAH GROUP

Date : Sunday, February 12, 2012

Time: 1:30 pm

Where: ZANT Center

Topic: The Sky: Connecting Science and Symmetry with Reverence.

In preparation for Nourooz, Anahita Sidhwa will share her findings about why the spring equinox should be a world-wide celebration, and how it connects many cultures through the ages. Some symbols found at Persepolis have astronomical significance, which may help us date past events.

"Vahu Manah" represents good thinking, and Vahu Manah Group meeting is a learning and discussion forum to nourish our minds. Join us as we learn and discuss the above topic.

For questions, please contact Anahita Sidhwa.

CHILDREN & YOUTH SEWING & ART/CRAFT CLASS

January sewing & art/craft class is cancelled due to Nourooz practices. For more information please contact *Dilnawaz Rustomji*.

ZANT 2012 NOUROOZ SHOW PRACTICE SESSIONS

When: Every Sunday until Nourooz

Time: Communicated to participants

Where: ZANT Center

ZANT is getting ready to show-case some talents! Our kids are working hard to entertain everybody at the upcoming ZANT Nourooz function.

WOODWORKING CLASS

Date: Sunday February 26, 2012

Time: 10:30am to 12:30pm

Where: Tengra Residence

2142 Rohne Drive, Cedar Hill, TX 75104

Adults and Youth, come and join us for a fun filled woodworking class, taught by Phero Tengra. Please let us know what woodworking project you are interested in. *Please RSVP with Saghar Behroozi*.

ZANT YOUTH LOCK-IN

Date: Sunday-Monday March 11-12, 2012

Time: 3:30pm on Sunday to 6:30pm on Monday

Where: ZANT Center

ZANT youth are organizing a youth lock-in for ages 10-18 years. The emphasis of this lock-in is to allow free time for youth to interact and develop their own programs. This is a great opportunity for developing youth leadership skills while getting to know each other better. Adults will be present to supervise. More detail will be provided to participants upon sign up. There will be a minimal fee charged to cover the cost for food during the lock-in.

Please contact Saghar Behroozi to sign up for the camp, or volunteer to supervise.



UPCOMING EVENTS CONTINUED

GAHANBAR PANJEH

Date: Saturday & Sunday March 17, 18, 2012

Time: 11am-3pm on Saturday, 11am to 1:30pm on Sunday

Where: ZANT Center



Gahanbar Panjeh will be held at the ZANT center for the first time on **March 17 & 18, 2012**. This ceremony is conducted according to the Fasli calendar and is comparable to Mukhtad Prayers. On March 17th there will be an hour of prayer from 11am to 12 pm followed by pot luck lunch and socialization. On Sunday March 18th, there will be an hour of prayer for the Departed Souls followed by a pot luck lunch.

ZANT has invited Mobed Sirous Hormozdi to conduct *Gahanbar Panjeh*. Please make a note of this important event and plan to attend. For more information please contact Saghar Behroozi.

NOUROOZ VISITATION

Date: Wednesday March 21, 2012

Time: 6-8:30pm

Where: ZANT Center



ZANT welcomes all to our first Nourooz Visitation, an integral part of Nourooz tradition, on Saturday March 21, 2012. Come and visit friends and community members and enjoy tea and pastry as we start the new year at our center.

NOUROOZ CELEBRATION

Date: Saturday March 24, 2012

Time: 6pm to 12am

Where: Double Tree Hotel in Dallas



ZANT family and friends, our Nourooz 2012 celebration is just around the corner!!

We invite all of you to come celebrate **Nourooz on Saturday, March, 24th 2012 at the DoubleTree Hotel in Dallas**, off highway 635 near the Galleria. Our program is set and rehearsals are well underway. Children are excited to showcase their talent, so come on over. We have done our best to keep the cost down so all our members can come together and enjoy a short kids performance, a great dinner buffet, and then dance the night away to the beats of DJ Pouya! Please see the attached invite flyer for more detailed information.

There will be assigned seating. Friends wishing to dine together must submit all the forms and payments in one envelope - maximum of ten people to a table. All forms and payments must be post marked by **Saturday, March 17th 2012 to avoid late charges**. Preference for vegetarian meals should be indicated when registering. ZANT will look for a sponsor for any ZANT member interested in attending our NouRooz function but has financial challenges. Please contact any Board member ASAP if you would like to be a sponsor or require assistance. As always international students who are ZANT members will be sponsored by a generous member if registered before the due date.

For any questions, please call Delnaaz Irani.

UPCOMING EVENTS CONTINUED

ZANT LADIES CLUB (ZLC)

Our January meeting was fun and informative. 16 ZANT ladies enjoyed doing a few lite yoga poses. Then each lady was given a card with a pose, description, and what the pose does for you. They demonstrated the pose then everyone followed. We followed this up with a talk from Dr. Jennifer Tengra D.C. She spoke on exercise and nutrition. Mary Tengra made the Dr. Oz green drink.



February Event: "How to wear a Sari in different styles", Sunday February 26, 2012 from 2-4pm at ZANT Center.

Dravidian, Maharashtrian, Gujarati, Gond Style -These are all different styles of saree wearing. On Sunday February 26 we will have a demonstration on wearing sarees in different styles. Our group will be led by: Dilnavaz Rustomji, Nina Kalianivalla, Zenobia DadyBurjor

If you have a young lady who may enjoy the saree event please bring her.

Calendar of Future Events:

March - Community Service. As March is the month of Nourooz we will be doing a community service project. Please bring canned food or personal items to the February meeting. These items will be donated to shelters. No meeting will be held.

April 29th, 2012 - Dallas Arboretum picnic.

May 27th, 2012 - Tahitian Dance and Food

June 24th, 2012 - Berry Picking.

July 29th, 2012 - Bollywood Dance Workout.

August 26th, 2012 - Pottery Painting.

September 30th, 2012 - Bowling

October 28th, 2012 - British High Tea Party.

November 10th, 2012 (2nd Saturday) - Fun Fundraiser.



All ZANT Ladies who would like to receive an evite invitation for all current and future ZLC events please e-mail your request to Mary Tengra and/or Neenaaz DiLucci. **All ZANT Community Ladies are Welcome!**

ZANT LADIES CLUB BREAKFAST

ZANT LADIES CLUB is hosting breakfast on March 3, 2012
A delicious breakfast of scrambled eggs with garlic, toast and hot tea
will be served from 9 to 10am.

Everyone welcome

Reservations required

The ZLC will provide the eggs and toast. The garlic will come from the ZANT garden.

Please RSVP by Feb. 25th.

This is a team activity when too many cooks will certainly make great scrambled eggs!

After breakfast we will have an outside activity.



PAST EVENTS

Jashne Sadeh: **With fifty days and fifty nights before Nourooz we celebrated Jashne Sadeh. We had a good gathering with about 60 people for the big traditional celebration. We did a prayer and sang songs with candles outside. We had great food and music to end our night.**
by Shima Delgoshia

Woodworking Class: **Pheroze Tengra gave instructions in how to sketch the planned version of each project from three different perspectives as a first step to start any woodworking project. The first stage of building a letter holder was completed involving measuring, cutting wood, and sanding the surface. The last stage will be completed in February.**

QUICK POINTS

**Once again it is time to update our ZANT Directory. Anyone interested in showing off your talents and helping us design the front cover of the Directory please let Afsaneh Samiya know. Also, please send your updated email/phone/address and/or additional information to *Afsaneh Samiya*. If you have a business to promote or know of someone who does, ZANT directory is a great place to advertise. The deadline for placing an advertisement is February 28, 2012. Your help and support is greatly appreciated. For further information please contact Afsaneh Samiya.

**ZANT is considering to conduct a group Navjote ceremony in April/May 2012. Interested community members, please contact Afsaneh Samiya for further information.

YOUTH CORNER

**ZANT is forming a Youth Subcommittee to improve communication with youth, plan youth activities by the youth and for the youth, and develop youth leadership. If you are 18 years or older, and would like to join the Youth Subcommittee, please contact Saghar Behroozi.

**ZANT is developing an email list for the youth 18 and older for the following purposes: send ZANT newsletter directly to the youth, facilitate youth networking, allow for more effective and efficient communication between ZANT and our youth. If you are interested, please contact *Anita Jamadar* to add or update your emails.

The Zoroastrian Society of Ontario (ZSO) and the Zoroastrian Sports Committee (ZSC) proudly announce that registration for the 13th Zoroastrian games from June 29 to July 3, 2012 are now open! We invite you to take advantage of our early bird deadline of **March 22, 2012 and register to attend and participate in the **13th Zoroastrian Games** held at The Magnificent York University in Toronto, ON Canada. We encourage you to register early as all spots for athletes, housing, and social events will be on a first-come-first-serve basis - and we tend to reach capacity very fast.

For more information and to register please visit any of the following websites: www.zso.org, www.zathletics.com, www.zgames-2012.com. If you have any questions, please email us at: ZGames2012@yahoo.ca.

ZCNT KEY CARDS ARE HERE!

The ZCNT Key Card Access system is now operational. Obtaining a Key Card gives you flexibility in gaining entry to the Center at your convenience any day of the week or on weekends, during the posted hours (Sun-Thurs, 6am-10pm, Fri-Sat, 6am- 12:30am). Obtaining your very own card is easy.....

- ◇ Become a member
- ◇ Complete a Key Card Liability Form (zant.org, click on Forms)
- ◇ Submit your signed form to ZANT with a payment of \$50
- ◇ OR become a ZOMF Visionary or Friend and get a **FREE** Key Card



If you have any questions or concerns, please contact Arbez Patel.

ZANT BOARD UPCOMING ELECTION

ZANT 2012 Board of Directors elections will be held on May 19, 2012. A copy of the ZANT election Nomination form is attached. Please consider nomination for the upcoming ZANT board and sent your nomination form by April 7, 2012.

As one year anniversary of our ZANT Center is approaching, we need skilled community members to assist with organizing and planning the future events while having a common vision. The key to our future is free flow of knowledge from every angle to rebuild and further unite our community. This is truly a special time for ZANT and we encourage all who are interested to send us their nomination form by April 7, 2012.

VOLUNTEERS NEEDED

To volunteer in the subcommittees, clubs, newsletter or any other events, please contact ZANT Volunteer Coordinator, **Ruth Dinaz Sarkari**. A list of the goals and responsibilities for each team is available for your review to be able to make a more informed choice. In addition to the above opportunities ZANT needs assistance with the following tasks:

1. ZANT needs a **volunteer to sponsor** the inside front page ad of the new directory. We are also looking for advertisement sponsors at different levels for the new directory.
2. Based on suggestions from our community members ZANT will initiate a search on possible properties to be used as Zoroastrian Only burial site. We need a **volunteer to search** for possible sites.
3. ZANT is developing a list of **substitute teachers** for the religious class. The substitute teachers will be utilized if the regular teachers are not available to teach. Background in teaching, and good knowledge of the religion is preferred.
4. ZANT is forming a **Youth Subcommittee** and needs youth (18 and older) to serve on this subcommittee to plan and lead youth activities. If you are interested, please contact Saghar Behroozi.

KIDS' CORNER

Jashn-E-Sadeh

Fifty days before Nouruz
Fifty nights before Nouruz
So we celebrate –
And make a bonfire!
Little girls bring branches and sticks
Little boys bring branches and sticks
So we can celebrate –
And make a bonfire!
All the men bring lots of wood
The ladies bring lots of food
So we can celebrate –
And make a bonfire!
King Hushang saw a snake,
This he just could not take
To strike it with a stone he tried -
Missed, so a second time he tried.
The two stones hit and made a spark
This is how a fire starts.
And so we celebrate –
And make a bonfire.
The folks at ZANT love to sing
The folks at ZANT love to dance
So help us celebrate –
And make a bonfire!

By: Nina's Religious Class Kids

Religious Class:

Our January Religious Class started with Yazdi uncle lighting the fire and chanting the *Atash Niyesh*... This was followed by the *Tan Dorosti* prayer during which he read the names of all children who were present. Thank you, Yazdi uncle!

The little kids' class learned about Jashn-e-Sadeh at the January class. Did you know that this festival is celebrated in anticipation of Nourooz? We start counting down 50 days and 50 nights to Nouruz on this day. It is also commemorating the discovery of fire by King Hushang. The children heard a story about Jashn-e-Sadeh and then they created a poem about it. They will be reciting it on the 28th so make sure you are there for the festivities!

Our middle-age group learnt about our Prophet "Zarathushtra", since ZANT observed the death anniversary of our Prophet Zarathushtra, during the winter

break. We are reading the story of Zarathushtra's life. Our teen/older children continued with our story "The Z Factor: Life's Driving Lessons" by Shahriar Shahriari. The theme for discussion was the importance of communication and the beginnings of how to move forward. The idea that power and energy are needed to start anything. Once momentum is gained, then moving forward is easier.

Thought for the Month: ☺

The best way to predict your future is to create it

-Unknown

Don't let the fear of time it will take to accomplish something stand in the way of your doing it.

The time will pass anyway;

We might just as well put that passing time to the best possible use.

-Earl Nightingale



People often say that motivation doesn't last.

Well, neither does bathing—

That's why we recommend it daily.

- Zig Ziglar

Laugh... It increases your Face value! ☺

◇ When I'm not in my right mind, my left mind gets pretty crowded

◇ There are 3 sides to any argument—my side, your side & the right side!

◇ When you're right, no one remembers.
When you're wrong, no one forgets.

- Oprah Winfrey

Children's Religious Class:

Our next religious class will be held on **Sunday, February 12, 2012, at 11:15 am**, at the ZANT Center .

Children, please remember to bring your folders and caps/scarves to each religious class. We will begin each religious class with prayers in the Prayer Room at 11:15am ...Please come by 11:00am so you can sign-in your kids' names on a sheet that will be there, for *Tan Darosti* prayer.

For further details about the Religious Classes, please contact Pearl P. Balsara.

(Kid's Corner logo courtesy of Zoroastrian Studies, India)



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Keep this stub
for your records.

To: ZANT

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ZANT Treasurer
P.O. Box 271117
Flower Mound, Texas 75027

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FROM: _____

"Without a sense of caring, there can be no sense of community."
Help us pass on the good religion to future generations.

To:

ZANT NEWS

ZANT
P.O. Box 271117
Flower Mound, Texas 75027